

# SOOD Sandesh

# सूद सन्देश

## SOOD BHAWAN

Sector 44-A, Chandigarh,

Ph.: 0172-2663408, 9888503408

Website : [www.soodsabhachandigarh.org](http://www.soodsabhachandigarh.org)



## SOOD BHAWAN

Sector 10, Panchkula,

Ph.: 0172-2582964, 9888523408

Email : [soodsabhachandigarh@gmail.com](mailto:soodsabhachandigarh@gmail.com)



Sh. Mohit Sood, newly elected President, Grain Market Association unfurling the flag on 76<sup>th</sup> Republic Day at Sood Bhawan Chandigarh.

• Sood Sandesh ₹ 500/-  
(Membership for ten years)

• January to March 2025 Vol. 119

• Matrimonial : ₹100/-





Celebration of 76<sup>th</sup> Republic Day at Sood Bhawan Panchkula.



Inauguration of Newly Installed elevator by our patron Sh. S.B. Sud at Sood Bhawan, Panchkula on 9<sup>th</sup> March, 2025.



Beginning of New Year with service to mother cow at Gaushala, Sector-45, Chandigarh.



Free Medical Camp organised by Sood Sabha, Chandigarh in association with Shalby Multispecialty Hospital, Mohali at Sood Bhawan, Chandigarh on 2<sup>nd</sup> Feb., 2025.

# SOOD SANDESH



## **Editorial**

**Kapil Goel**  
**Sachin Sood**  
**Kalika Sood**  
**Munish Sood**

January-March 2025

## *Editorial*

### **L**et's Celebrate the Peculiar Creatures We Are.

We often rush through life without acknowledging the blessings surrounding us—our health, loved ones, and comforts. It's only when these are threatened that we realize their actual value. How many of us wait until illness strikes to appreciate our health or take the presence of family for granted until a loss shakes our world? We get caught up in the endless cycle of work and social media, always chasing after the next big thing, comparing ourselves to others, and constantly feeling the pressure to achieve more. Partnering apart, we don't even have time for our parents anymore. We are so lost as individuals that we have forgotten how to prioritise.

Let's take a moment to express our gratitude. It's time to say "thank you," not just for grand gestures but for the everyday moments, the people who stand by us, and the opportunities to make even a tiny difference. Let's celebrate life with open hearts and cherish the things we often overlook, recognizing that we are all connected, even in our peculiarities. It's time to rediscover the simple pleasures in life, to slow down and enjoy the little things. It's important to break free from the constant comparisons and unnecessary goals and instead focus on what truly makes us happy.

We need to disconnect from the pressures of social media and groom our minds instead. Let's connect genuinely instead of getting lost in the pursuit of perfection. Let's break free from this cycle of vanity, prioritize real connections over virtual likes, and celebrate our imperfections. Let's celebrate the simple joys of life. Let's stop cribbing about the past and planning our future; today, let's take a moment to enjoy now! Let's savour the present, appreciating each moment's unique beauty and significance.

### **Dear Readers,**

Sood Sandesh is not just a magazine, it is a medium to string Sood brotherhood flowers in a garland. It is also a source to make the Community aware and organized in the current context and to preserve its glorious history. Let us all understand our moral responsibility in organizing and strengthening our brotherhood. As always, we value your feedback, so please don't hesitate to reach out to us with your thoughts and suggestions. Thank you for your continued support, and we look forward to connecting with you again in our next issue. Happy reading!



**Munish Sood**



# SARVDESHIK SOOD SABHA

It is our pleasure to announce that the Sarvdeshik Sood Sabha Headquarters in Chandigarh successfully hosted a conference of global Sood Sabhas on 23<sup>rd</sup> February, 2025, at Sood Bhawan, Sector-44A, Chandigarh.

The conference brought together 59 delegates, including presidents and general secretaries from various Sood Sabhas across the world, such as Canada, England, Solan, Parwanoo, Dehradun, Yamuna Nagar, Hoshiarpur, Shree Jwalamukhi, Rajpura, Ambala, and Chandigarh (Tricity). Special invitees from the Biradari also attended the event.



**Umesh Sood**  
General Secretary  
Sarvdeshik Sood Sabha

The conference commenced with the recitation of the Gayatri Mantra, followed by welcome speech by Sh. Ashwani Doegar, President of Sarvdeshik Sood Sabha. As the General Secretary, I, presented an overview of the activities undertaken by Sarvdeshik Sood Sabha over the past two years, highlighting the formation of new Sabhas at Rajpura and Shree Jwalamukhi, and the re-activation of Ambala and Yamuna Nagar sabhas.

Our main objectives are to establish new Sabhas, re-activate dormant ones, and provide moral, social, and financial guidance to support the growth of Sood Sabhas worldwide. Sh. Kapil Goel, our Secretary Finance, presented the financial report for the past two years.

The presidents of each Sabha delivered presentations showcasing their achievements, charitable activities, and future plans. We honored all participating Sabhas and special invitees with mementos and smart folders.

The conference concluded with a vote of thanks and a delicious lunch. We also solicited suggestions and advice from our esteemed dignitaries to further improve and uplift the Sood Biradari.

The conference was a resounding success, fostering a sense of unity and cooperation among the global Sood Sabha community.

We would like to express our gratitude to the following donors for their liberal contributions:

- Sood Sabha Chandigarh: Rs 1 lac
- Sood Seva Bhawan Trust, Chandigarh: Rs 1 lac
- Sood Sabhas of Hoshiarpur and Solan: Rs 21,000/- each
- Sh. Sanjay Sood, Member SONA (Canada): Rs 21,000/- (personal capacity)

**Umesh Sood**  
General Secretary,  
Sarvdeshik Sood Sabha



# Glimpses of Sarvdeshik Sood Sabha Conference held on 23<sup>rd</sup> February, 2025 at Sood Bhawan, Chandigarh



**Office bearers of Sarvdeshik Sood Sabha**

## PROMINENT SPEAKERS



**Sh. Ashwani Doegar**  
President  
Sarvdeshik Sood Sabha



**Sh. Umesh Sood**  
General Secretary  
Sarvdeshik Sood Sabha



**Sh. Kapil Goel**  
Finance Secretary  
Sarvdeshik Sood Sabha



**Sh. Shashi B. Sud**  
Former President  
Sarvdeshik Sood Sabha



**Sh. V.K. Sood**  
Chairman  
Sood Sewa Bhawan Trust



**Sh. Ashwani Sood**  
President  
Sood Sabha Chandigarh



**Sh. Sudhir Sood**  
General Secretary  
Sood Sabha Chandigarh



**Mr. Justice Arun Goel (Retd.)**  
High Court of  
Himachal Pradesh



**Sh. Adarsh Sood**  
Former Member of  
Legislative Assembly  
Himachal Pradesh



**Sh. Arun Sood**  
Former Mayor Chandigarh



**Sh. Umesh Sood**  
Former Chairman,  
Zila Parishad, BJP Panchkula



**Sh. A.K. Sood, FCA**  
DISA (ICAI)

# Honouring of Dignitaries



Mr. Justice Arun Goel (Retd.)  
High Court of Himachal Pradesh

Sh. Adarsh Sood  
Former Member of  
Legislative Assembly  
of Himachal Pradesh



Sh. Arun Sood  
Former Mayor Chandigarh



Sh. A. K. Sood  
FCA, DISA (ICAI)



Sh. Umesh Sood,  
Former Chairman, Zila Parishad,  
BJP Panchkula.





# Honouring of Various Sood Sabhas



Sood Sabha, Palampur



Sood Sabha, Solan



Sood Sabha, Ambala



Sood Sabha, Jawalamukhi



Sood Sabha Dehradun



Sood Sabha Rajpura



Sood Sabha, SONA (Canada)



Sood Sabha Hoshiarpur



Sood Sabha Parwanoo



Sood Sabha Chandigarh



Sood Sabha, Yamunanagar



## Glimpses of Sarvdeshik Sood Sabha Conference





## Congratulation



Sh. Randhir Sud, MD, FASGE having been bestowed upon one of the highest awards by the American Society of GI Endoscopy for 2025. He will receive the same on 4 th May at San Diego



Miss Saanvi Sood D/o Sh. Deepak Sood & Smt. Geetika R/o Mohali, honoured with Pradhanmantri Rashtriya Pal Puraskar Highest civilian award for any kid under the age of 18



Sh. Ashish Sood was sworn in as a Cabinet Minister in the newly formed Delhi Government.



Sh. Raman Sood climbed the Island Peak 6175 meters, on 18th April 2025. Became the first Indian septuagenarian and the oldest Indian citizen to climb this Peak.



Sh. Sudhir Sood, General Secretary, Sood Sabha Chandigarh won the Senior Citizen Billiard Championship held at Panchkula.



Mr. Aditya Sood and Mrs. Ankita Sood are blessed with Baby Boy Aariv on 22<sup>nd</sup> Jan, 2025. He is grandson of Sh. Ashwani Sood, President Sood Sabha Chandigarh

**Sood Sabha Chandigarh congratulate and wish all success in life**



# विभिन्न सूद सभाओं की गतिविधियाँ



सूद सभा होशियारपुर ने श्री अविनाश सूद जी, वरिष्ठ उपाध्यक्ष एवं प्रशासक, सूद सभा के कुशल नेतृत्व में 5 अप्रैल 2025 को दोपहर 2.00 बजे अपने पिता स्वर्गीय श्री वेद रतन सूद जी एवं माता स्वर्गीय श्रीमती शांति देवी सूद जी की स्मृति में सूद भवन के प्रांगण में श्री अरविंद सूद जी, अध्यक्ष एवं डॉ. केशव सूद जी, उपाध्यक्ष एवं चेयरमैन, समाज कल्याण समिति सूद सभा के मार्गदर्शन में 'कुष्ठ आश्रम' होशियारपुर के जरूरतमंद बच्चों को 100 नई ड्रेसें वितरित कीं। इसके अतिरिक्त सूद सभा, होशियारपुर की सामाजिक कल्याण समिति ने विशेष रूप से अक्षम बच्चों के लिए कुछ स्थानीय स्कूलों में निःशुल्क स्कूली ड्रेस वितरित की गई।

प्रबंध समिति सूद सभा शिमला द्वारा श्री राजीव सूद, अध्यक्ष सूद सभा शिमला के कुशल नेतृत्व में प्रभु श्री राम के जन्म की याद में विशाल शोभा यात्रा और नगर कीर्तन का आयोजन किया गया जिसमें बड़ी संख्या में सूद परिवारों और विशिष्ट गणमान्य व्यक्तियों द्वारा इस यात्रा में भाग लेने का सौभाग्य प्राप्त किया।



सूद सभा मलेरकोटला द्वारा श्री संजीव सूद, अध्यक्ष सूद सभा मलेर कोटला के मार्गदर्शन में सूद विरादरी के संगठन और सभा के सशक्तिकरण एवं सस्कृति की परंपराओं को जीवंत रखने के उद्देश्य से दिनांक 06 जनवरी, 2025 को सूद मिलन दिवस आयोजित किया गया, जिसमें बड़ी संख्या में सूद परिवारों ने हिस्सा लिया और आपसी भाईचारे की नींव को मजबूती प्रदान की।

सूद सभा पालमपुर द्वारा नववर्ष के आगमन पर श्री बी.के. सूद, अध्यक्ष, पालमपुर सूद सभा के कुशल नेतृत्व एवं मार्गदर्शन में श्री आशीष बुटेल, विधायक हिमाचल प्रदेश सरकार की गणमान्य उपस्थिति में माह जनवरी, 2025 को जनकल्याण में अपनी नैतिक जिम्मेवारी का निर्वहन करते हुये नगर निगम पालमपुर के सफाई कर्मचारियों को कंबल वितरित कर सहायता प्रदान करते हुए।





# The Nature of Expectations: A Rational Perspective

***“Peace begins when expectations end.” — Sri Chinmoy***

Expectations are deeply ingrained in the fabric of the human mind. They emerge from our desires, beliefs, experiences, and interpretations of the world around us. While reasonable expectations can play a constructive role in human interaction and personal motivation, excessive or irrational expectations often become a source of emotional suffering and interpersonal conflict.

At the heart of this lies a simple truth: every individual is perceptually different. Each mind functions within its own framework of experiences, values, and interpretations. It is, therefore, unrealistic—if not impossible—to expect every individual to be aligned on the same page across all aspects of life.

Expectations, especially when not fulfilled, often breed discord, strife, and inner agony. The emotional turmoil that results from unmet expectations can fracture relationships, damage self-esteem, and generate a continuous cycle of disappointment and resentment. In contrast, managing one's expectations through rational insight can lead to a more harmonious and balanced inner life.

Recognizing the limitations of human nature and the relativity of perception, it becomes evident that minimizing expectations is a wise strategy. It does not mean surrendering hope or engagement but aligning our anticipations with the facts of life. This rational approach minimizes the emotional damage inflicted by unmet desires and fosters resilience and equanimity.

Common Domains of Expectation and Their Impacts:

## **Interpretative Relations**

We often expect others to interpret our words, actions, and emotions just as we do. Yet interpretation is subjective, shaped by one's own mindset and context.

## **Recognition of Power, Position, or Authority**

Social or professional roles may lead one to expect recognition or obedience, but others may not perceive such roles with the same gravity or legitimacy.

## **Expectation of Love**

Love is an emotion freely given, not something that can be demanded or expected. When it becomes an expectation, it may distort the purity of affection.

## **Expectation of Respect**

Respect should be mutual and earned through actions and character. Expecting it as a given can lead to conflict when others don't meet that assumption.

## **Expectation of Responsibility**

Expecting others to act with a sense of responsibility, especially according to one's own standards, may lead to disappointment when others fail to meet those expectations.

## **Expectation of Compassion**

In times of distress, we naturally seek empathy. But not everyone is in the position—or has the capacity—to provide it.

## **Expectation of Reciprocity**

We often hope that kindness and effort will be returned in kind. Yet reciprocity, like most human behavior, is neither uniform nor guaranteed.

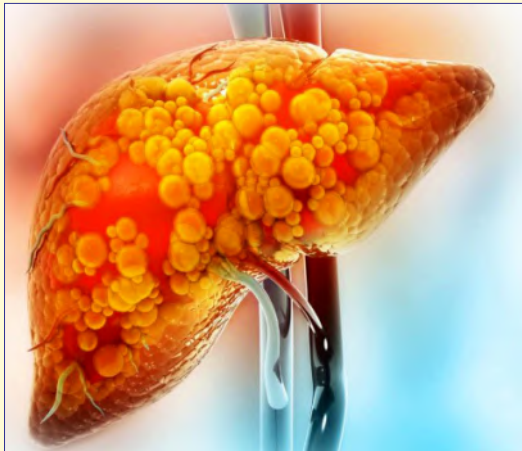
## **Conclusion**

Expectations are not inherently harmful; they become so when they are unexamined, excessive, or detached from reality. A rational understanding of human diversity and perceptual differences can help one manage expectations wisely. By aligning our expectations with the realities of life and embracing flexibility and understanding, we can cultivate greater peace, reduce inner turmoil, and foster healthier relationships.



**Ashok Sood**  
**FCA, DISA (ICAI)**

# सेहतनामा



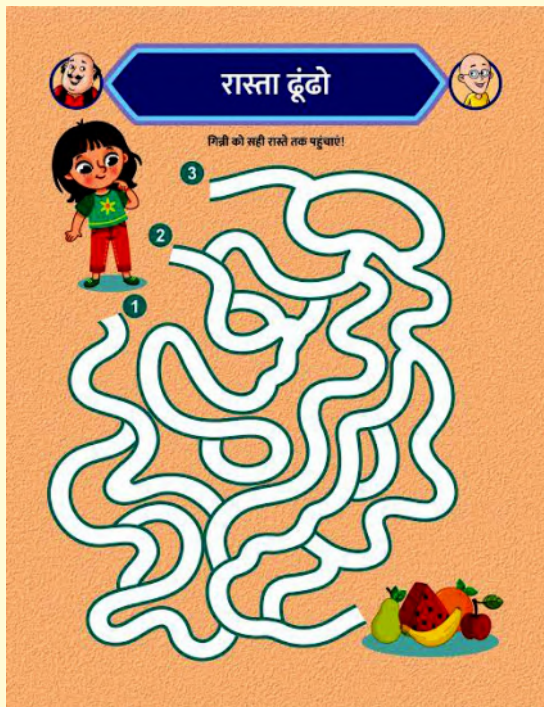
आजकल की जीवनशैली और खान-पान की आदतें 90 प्रतिशत स्वास्थ्य समस्याओं को जन्म दे रही हैं। फैटी लिवर ऐसी ही एक गंभीर हेल्थ प्रॉब्लम है। यह समस्या तब होती है जब लिवर में बहुत ज्यादा फैट जमा हो जाता है, जिससे लिवर सही से फंक्शन नहीं कर पाता है। आमतौर पर शराब को इसके लिए जिम्मेदार माना जाता है। लेकिन

कुछ फूड्स ऐसे हैं, जो शराब नहीं पीने वाले लोगों के लिवर को सड़ाने का काम करता है।

शुगर मिला ड्रिंक्स सोडा, एनर्जी ड्रिंक्स, जूस फैटी लिवर का एक प्रमुख कारण बन सकते हैं। इनमें बहुत ज्यादा मात्रा में शुगर और फ्रुक्टोज होता है, जो लिवर में फैट को जमाने का काम करता है। यदि आप रोज इसका सेवन कर रहे हैं, तो आप फैटी लिवर के मरीज बन सकते हैं। फ्रेंच फ्राइज और जंक फूड तली हुई चीजें जैसे फ्रेंच फ्राइज, बर्गर, और चिप्स में फैट लबालब भरा होता है। इनमें हाई लेवल ट्रांस फैट्स होता है, जो लिवर में जमा होकर इसे सड़ाने लगता है। सफेद ब्रेड और पास्ता सफेद ब्रेड, पास्ता, और अन्य रिफाइंड कार्बोहाइड्रेट्स भी फैटी लिवर के जोखिम को बढ़ाते हैं। इन फूड्स आइटम्स में बहुत ज्यादा शुगर और फाइबर ना के बराबर होता है। इसके ज्यादा सेवन से लिवर फैट तेजी से बढ़ने लगता है। डेयरी प्रोडक्ट हाई फैट वाले दूध, पनीर, और मक्खन जैसे डेयरी प्रोडक्ट भी फैटी लिवर का कारण बनते हैं। इनमें हाई सैचुरेटेड फैट्स होते हैं, जो लिवर को फैटी बनाते हैं। प्रोसेस्ड मीट्स सॉसेज, बेकन, और हॉट डॉग जैसे प्रोसेस्ड मीट्स में बहुत ज्यादा मात्रा में फैट और नमक होता है। ये आइटम ये लिवर पर एक्स्ट्रा प्रेशर डालते हैं, जिससे फैटी लिवर का खतरा बढ़ जाता है।



# मनोरंजन एवं सूझबूझ



**शीर्षक बताओं, ईनाम पाओं।**

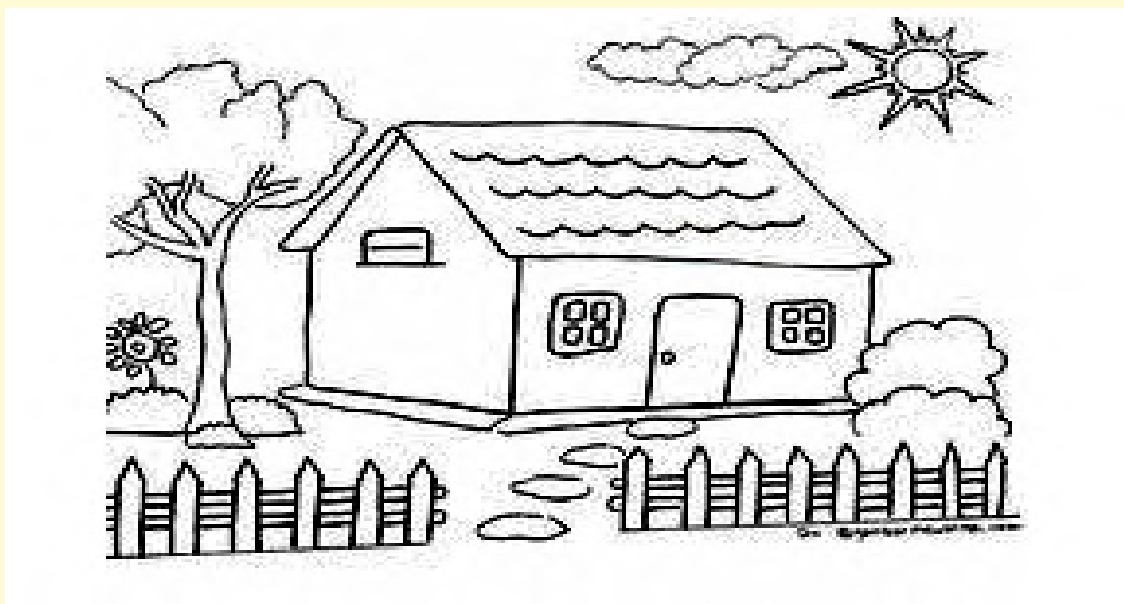
प्रथम पुरस्कार रूपये 500 / -

द्वितीय पुरस्कार रूपये 300 / -

तृतीय पुरस्कार रूपये 200 / -

कृप्या अपनी प्रविष्टा (Entry) अपना नाम, आयु, सर्मक नम्बर सहित, दिनांक 05 मई, 2025 से पूर्व पात्रिका के प्रथम पृष्ठ पर दिये पते पर भेजना सुनिश्चित करें।

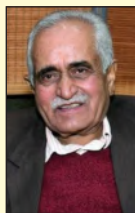
## रंग भरो



## BEREAVEMENTS



**Sh. Virender Paul Sood** R/o Ludhiana left for his heavenly abode on Saturday, 11th January 2025 at Ludhiana.



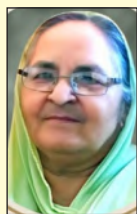
**Sh. Sh. Romesh Kumar Bhagra**, Former President of Shimla Sood Sabha left for his heavenly abode on 13<sup>th</sup> February 2025.



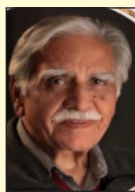
**Smt. Keshwa Sood** left for her heavenly abode on 19<sup>th</sup> February 2025. She was mother of Mr. Munish Sood who is Organizing Secretary of Sood Sabha, Chandigarh.



**Smt. Kamlesh Sood** W/o Sh. Atul Sood R/o Sector 11, Chandigarh left for her heavenly abode on 25.02.2025 at Chandigarh.



**Smt. Naresh Sood** R/o Sirhind left for her heavenly abode on 20.03.2025 at Sarhind.



**Dr. Rajender Katra**, Former Medical Superintendent, PGI Chandigarh left for his heavenly abode on 7<sup>th</sup> April 2025 at Chandigarh. He was associated with Sood Sabha Chandigarh for the last 29 years. He helped to establish Pathology Laboratory at Sood Bhawan, Chandigarh.



**Smt. Surinder Sood** W/o Late Sh. Vikram Sood R/o Kothi no.165 Sector 2, Panchkula left for her eternal journey on 11.04.2025. She was mother of Sh. Rajesh Sood, who is Executive Member of Sood Sabha, Chandigarh.

***Sood Sabha Chandigarh  
prays to the Almighty  
to bestow peace to  
the departed souls***



## Matrimonials

### IMPORTANT :-

For Matrimonial Adv. in Sood Sandesh/Website : Rs. 100/-

Amount can be deposited in any branch of Union Bank Of India, in “**Sood Sabha Chandigarh**”  
Account number : 499602010001921 IFSC Code : UBIN0549967 or send demand draft drawn in favour of “**Sood Sabha Chandigarh**”.

To enable us to serve you better, please note the following:-

- (1) The advertisement is published in two consecutive issues only. Please contact the concerned party directly.
- (2) As and when a match is settled, please inform us immediately so that the advertisement is withdrawn.

**ADVICE :** These matrimonials are published on the basis of information given by the families of the boy/girl. Please make necessary enquiries before settling the alliance. Sood Sabha does not take any responsibility regarding correctness of the particulars.

## Brides Wanted

7850 – Suitable match for Sood (Phakka) boy DOB: 21/12/1998. Ht. 5'11". B. tech (Computer Engineering) from NIT Kurukshetra, CFA cleared level 1. Working as Senior Data Scientist Nference, Bangalore, Campus Placement as Software Engineer in Flipcart. (Worked for 2.5 years).

7851 – Suitable match for Sood (Kashyap) boy. DOB: 03/01/1995 (1:50am, Shimla). Ht. 5'10". Masters in finance from Trinity College Dublin, Ireland. Sr. Consultant, Greystar (US Multinational). Currently working in MNC in Mohali. Monthly income Rs. 80,000. Looking for a working and well qualified girl. 9816057000, 9882008600

7852 – Suitable match for Sood (Bandle) boy. DOB: 16/04/1996 (1:15am, Dharamshala). Ht. 5'10". B. Tech (Mechanical Engineering). Working Godfrey Phillips India limited as an assistant manager in the manufacturing field. Annual package 7 lakhs. 9914808182

7853 – Suitable match for Sood (Teji) boy. DOB: 28/08/1993 (7:40pm, Ludhiana). Ht. 5'10". B. Com (Hon's). Handling Hosiery Business. Handsome salary. 9417090866, 7015953891

7854 – Suitable match for Sood (Moman) boy. DOB: 03/09/1993 (10.05am, Ambala) Ht. 5'8". B. Com. Running own industry in Malerkotla. Monthly income Rs. 2.50 lakh. 9814342566

7856 – Suitable match for Sood (Dheeri) boy. DOB: 02/09/1995 (Ghaziabad). Ht. 5'11". B. Tech (Mech) from Chandigarh University. Working with TAT AIG Chandigarh as Claim Manager. Monthly Drawing Salary of Rs. 75000/-. Preference for girl working in Chandigarh. 9718721508, 9717241876

7857 – Suitable match for Sood (Udedh) boy. DOB: 25/02/2000 (7:45pm, Panchkula). Ht. 5'10". Automotive Engineering in Australia PR filed. 9217766478, 7888848784.

7858 – Suitable khatri bride match for Handsome SOOD (Dhalli) boy. DOB 23/11/1996 3.25PM Ambala 5'5". MBA. Working at Gurgaon. 22LPA 9896793893

7859 – Suitable match for Sood boy. DOB: 27/02/2000. Ht. 5'11". MBA. Real Estate business in Baddi, Himachal Pradesh. Preference for Himachal, Chandigarh and Punjab girl. 9816099693



7860 – Suitable match for Sood (Kuthiala) boy. Divorcee with an eight years old son. DOB: 02/10/1984. Ht. 5'8". BE (PEC), MBA IIM from Indore. Manager Co-operative Finance (Mastercard). Monthly income Rs. 4 lakhs +. mob 9876778822

7861 – Suitable match for Sood (Ugal) boy. DOB: 01/08/1984. Ht. 5'9". BCA. Collection Manager in ICICI Bank, Jalandhar. Monthly Income Rs. 85000/-. Preference for working girl in Jalandhar and nearby Chandigarh. 9872761463

7862 – Suitable match for Sood (Fakke) boy. DOB: 10/02/2000. Ht. 5'7". B. Com, MBA. Scale- 1, Officer, Punjab National Bank. Monthly Income Rs. 85000/-. Income from other sources 60,000/-. 9914904548, 9761731352

7863 – Suitable match for (Sood) boy. DOB: 04/08/1993. Ht. 6'1". Master in Automotive. Working in Frankfurt, Germany. 9418530247

7864 – Suitable match for Sood (Jari) boy. DOB: 21/07/1988 (1:00am, Doraha). Ht. 5'6". B. Tech. Own business (Flour Mill). Monthly income Rs. 1,25,000/-. 9814800281.

7865 – Suitable match for Sood Manglik (Bauri) boy. DOB: 23/08/1994 (4:07pm, Dhariwal. District Gurdaspur). Ht. 5'11". B. Tech. Working at Delhi in a Limited company. 7508609295, 9915610350

7866 – Suitable match for Sood (Banta) boy. DOB: 19/03/1992(05:30pm, Yamuna Nagar, HR). Ht. 5'8". B. Tech. Working as a Consultant in IT MNC, Noida. Annual Rs. 20 lakhs. 9729789276

7867 – Suitable match for Sood Karol (Gagal) boy. DOB: 10/11/1992, 7:03am, Shimla). Ht. 6'2". B. Tech (Mechanical Engg.), MBA (Aviation MGT.). Safety Engineer (PSU). Working in Mumbai. Annual Income Rs.8 - 10 Lakh. 9417371588.

7868 – Suitable match for Sood (Fakke) boy. DOB: 11/08/1995. Ht. 5'10". Electrical Engineer. Govt. Job – RCF Kapurthala. Monthly income Rs. 30,000/-. 7986964591, 8727980777

7869 – Suitable match for Sood Goyal (Chab) boy. 26 years old. Ht. 5'10". BBA from HPU, MBA from Chitkara University. Assistant Manager in Admn. Dept. at Chitkara University. Monthly income Rs. 50,000/- + incentive. 9418028081, 8219645116

7870 – Suitable match for Sood (Behal) boy. DOB: 08/02/1995. Ht. 5'10". Engineer and Data Scientist by Profession, Service in a renowned Petrochemical and Energy MNC. Well settled with handsome salary package. Belong to Himachal Pradesh. 7087785079

7871 – Suitable match for Sood (Makora) boy. DOB: 08/10/1994(03:16pm, Chandigarh). Ht. 6'. MBA (Finance). Running his own Pvt. Ltd. Company at Mohali, dealing with USA clients. Handsome earning. Chandigarh based family. 9815645566. sksood3101@gmail.com

7872 – Suitable match for Sood Manglik boy. DOB: 31/05/1991 (10:30AM, New Delhi). Ht. 5'9". B.Com (Hons) from Delhi University. Own and operates 2 registered companies offering services as Corporate Law Consultants, particularly specializing in Compliance Services such as statutory audit and advisory services. Annual Income Rs. 15 lakhs. 8130129052

7873 – Suitable match for Sood (Fakke) boy. DOB: 19/08/1992(4:30pm, Chandigarh). Ht. 5'11". B.A. Sales Officer. Annual Income Rs. 6'75 lakh. 9876454619, 9417213122

7874 – Suitable match for Sood (Bajwadia) boy. DOB: 23/08/1994(Palampur, HP)/ Ht. 5'9". B.Tech in Electronics Communication Engineering. Working as a Senior Graphic Designer in a Dubai based company (work from home). Annual Income Rs. 17 Lakh. 8219589001

7875 – Suitable match for teetotaler Sood (Salhuria) boy. DOB: 17/10/1997. Ht. 6'1". M.Sc. Chemistry. Own a well established family business. Income in six figures. 7973159234



7876 – Suitable match for Sood teetollar Sood boy. DOB: 24/01/1989 (8:39pm, Chandigarh). Ht. 5'9". Present Employed MNC Manesar. Package 23LPA. 9220413680, 9350130317

7877 – Suitable match for Sood Maria (Goyal) boy. DOB: 15/10/1994 (Palampur). Ht. 5'6". B. Tech-EEE from SRM University Chennai. Working as Sr. Consultant in Capegemini (IT-MNC). Preference for Himachali Sood Girl. Family based at Palampur (HP). 9317356799.

7878 – Suitable match for Sood boy. DOB: 03/09/1995. Ht. 5'5". CA, M.Com. Credit Manager in ICICI Bank, Chandigarh. Annual Income Rs. 11Lakh. Family lives in Hoshiarpur. 9478533262, 9356095466

7879 – Suitable match for Sood Kashyap (Chimra) boy. DOB: 17/06/1992 (Shimla). Ht. 5'7.5". MBA. Deputy Branch Manager in Private Bank Chandigarh. Monthly Income Rs. 72000/-. Preference for working girl from Tricity Chandigarh. 9418842755, 9736740232

7880 – Suitable match for Sood (Balas) boy. DOB: 03/07/1992. Ht. 5'9". B. Arch. Working in Delhi as a Senior Architect. Monthly Income Rs. 70,000/-. Preference for Delhi working match. 9915889401

7881 – Suitable match for Sood boy. DOB: 18/06/1993. Ht. 5'7". PGPM in Finance from IBs Gurgaon. Currently working as Assistant Manager in US Tax at a MNC in Gurgaon. Preference for Himachali girl. 9717027475

7882 – Suitable match for Sood (Goyal) boy. DOB: 08/03/1991. Ht. 5'4". MBA. Self employed at own business. 8699337607, 8629817509, 9459113858

7883 – Suitable match for Handsome Khatri (Sood) boy. DOB: 23/11/1996 (3.25pm, Ambala) Ht. 5'5". MBA. Working in Gurgaon 22. 9896793893.

7884 – Suitable match for Sood (Dhoop) boy. DOB: 13/11/1994. Ht. 5'11". B. Com, C.A. inter, Acca Part qualified. Asst. Manager (Granet Thornton). Monthly income Rs. 1,50,000/-. 9467671157

7885 – Suitable match for Sood (Karol) boy. DOB: 23/07/1997. Ht. 5'11". B. Tech. (Marine Engineering). Working as 2nd Engineer in Merchant Navy. 9888340145. viveksood13967@rediffmail.com

7886 – Suitable match Sood widower (Mayer) boy. DOB: 16/12/1978. Ht. 5'11". B. Com., MBA, MCA Own IT company. Worked as IT consultant for British Airways, NAT West Bank U.K. Annual Income 55K GBP. Annual Income 55KGBP 9953418819, 9876190819, 447404957114. sud\_sumit@yahoo.com

7887 – Suitable match for Sood divorcee (Gol) boy. DOB: 09/12/1991. (8: 30pm, Ambala). Ht. 5'11". B. Tech., MBA. Govt. permanent job as an account clerk. Job location Chandigarh. Monthly Income Rs. 70,000/-. 8194980161, 9815063218

7888 – Suitable match for Sood (Kashyap) boy. DOB: 05/08/1993. Ht. 5'8". B. Tech Electronics & Tele Communication Engg. MS- Master in Business Analytics University of California, USA. Product Manager. Worked in smart energy water California (Head officer for 5 years). Continues to works in same company in India. Annual income Rs. 35 (+5 lakhs). 7834068264, 9810466806

7889 – Suitable match for Sood (Ugal) boy. DOB: 03/01/1989. Ht. 5'7". BCA. Diploma in Computer Applications from RIMT. Working as Head of Billing Dept. in Multispeciality Hospital Patiala. Asst. Manager. Monthly income Rs. 50K. 9888723323

7890 – Suitable match for Sood (Ugal) boy. DOB: 30/07/1995. Ht. 5'10". M. Pharma from Panjab University. Manager, Regulatory Affairs. Monthly income Rs. 1,10,000/-. 8847371903.



7891 – Suitable match for Sood (Gagal) boy. DOB: 15/07/1994. Ht. 5'8". B. Tech from Manipal University, Karnataka. Sr. Project Manager. Working in Chennai. Handsome salary. 708363026, 9418463966.

7892 – Suitable match for Sood Chimra (Kashyap) boy. DOB: 24/08/1995. Ht. 5'8". B.Com (Hons.) from Panjab University. Business (Entrepreneur) in Chandigarh. Monthly income Rs. 1.25 lakh approx. 9915433441

7893 – Suitable match for Sood (Dadan) boy. DOB: 15/07/2000. Ht. 6'1". Diploma in Automotive Engineering. Manager in Dominos (Australia). 9888856477.

7894 – Suitable match for Sood (Sallan) boy. DOB: 18/11/1997. Ht. 6'. B.Com., M.Com. from Panjab University. Working as clerk at PGIMER, Chandigarh. Monthly income Rs. 2 lakhs. 9041835950

7895 – Suitable match for Sood (Gondal) boy. DOB: 10/08/1996. Ht. 6'11/2". B. Tech (Mechanical Engg.), MBA. Manager in MNC, Gujrat. Annual income Rs. 35 lakhs. 9815832837

7896 – Suitable match for Sood (Nehra) boy. DOB: 21/03/1998. Ht. 5'6". Diploma in Business (Newzealand). PR in Newzealand. 9815450562

7897 – Suitable match for Sood (Dosaj) boy. DOB: 11/02/1991. Ht. 6'. Graduate. Work on Visa in Australia. Monthly income Rs. 1.25 lakhs. 9815720632

7898 – Suitable match for Sood (Garg) boy. DOB: 10/09/1992. Ht. 5'8". B. Com. From H.P University. Automobile Business. 7018605440

7899 – Suitable match for Sood (Mahindra) boy. DOB: 23/11/1994. Ht. 5'8". B.A. Working in PB. Govt. as a Teacher. Monthly income Rs. 45000/-. 9417333829

7900 – Suitable match for Sood (Gopal) boy. DOB: 03/10/1989. Ht. 5'7". B. Tech (IT). Own a Marriage Palace & Hotel in Malerkotla. 9779643795, 9779584576

7901 – Suitable match for Sood (Gopal) boy. DOB: 27/12/1996. Ht. 5'11". M.Com from GGN-Khalsa College Ludhiana. Businessman. Monthly Income Rs.1 lakh. 9888390262

7902 – Suitable match for Sood (Dhanda) boy. DOB: 14/04/1996. Ht. 6'3". MBBS (General Surgery), M.S. from S.N. Medical College Jodhpur. G. Surgeon. Sr. Resident. Preparing for M.Ch. Monthly income Rs. 80,000/-. Income from other sources 4 lakhs. 9464766462

7903 – Suitable match for Sood (Rakshan) boy. DOB: 29/01/1997. Ht. 6'. Engineer. Monthly income Rs. 2 lakhs. 8968066487.

7904 – Suitable match for Sood (Taglae) boy. DOB: 09/05/1997. Ht. 5'11". BBA. Well established Steel Industry. 9814535450.

7905 – Suitable match for Sood (Fakke) boy. DOB: 10/02/2000. Ht. 5'7". B. Com, MBA. Scale -1 Officer in Punjab National Bank. Monthly income Rs. 1,00,000. 9781731352.

7906 – Suitable match for Sood (Gopal) boy. DOB: 02/12/1999. Ht. 5'8". PR in Canada. 9888438755, 9855444404

7907 – Suitable match for Sood (Kashyap) teetotaller boy. DOB: 15/11/1997. Ht. 5'6". Bachelor of Engg, CSE from Chitkara University (HP). Sr. Java Full Stack Developer. Monthly income Rs. 81,000/-. Preference for a girl in IT Industry. 9816006014

7908 – Suitable match for Sood (Chab) boy. DOB: 21/10/1990. Ht. 5'6". B.A., L.L.B Punjab Haryana High Court. Lawyer. Own Office in Zirakpur. Monthly Income in five figures. 9816221000, 2655485

7909 – Suitable match for Sood Galav (Kuthiala) boy. DOB: 26/07/1988. Ht. 6'8". B.A. Hons. (Psychology) from Punjab University. Self Employed. Monthly income Rs. 40,000/-. 9815390677, 9876934343

7910 – Suitable match for Sood (Mangwalch) boy. DOB: 11/10/1993. Graduation. Class A Government Contractor (ED). 9816742102

7911 – Suitable match for Sood (Jari) boy. DOB: 09/02/1995. Ht. 5'7". B.Com. Supply Charge Management. Annual Income Rs. 12 lakhs. 9530544096, 9530667437

7912 – Suitable match for Sood (Galib) boy. DOB: 31/01/1992. Ht. 6'1". B.Sc., Hotel Management from IHM Jaipur. Business I. 9418020583, 0177-2803256.

7913 – Suitable match for Sood (Mayor) boy. DOB: 21/06/1996. Ht. 5'11". B.E. (Mech.). Marine Engineer. Preference for Working professional girl. 9815112217, 8283099122

7914 – Suitable match for Sood (Tukhi) boy. DOB: 29/10/1992. Ht. 5'11". B. Com. (Hons.). Deputy Manager in HDFC Bank. Annual Income Rs. 6 lakhs. 7018603570, 8894925070, 9418092526

7915 – Suitable match for Sood (Dosaj) boy. DOB: 03/09/1992. Ht. 5'8". B. Tech (IT). Own Business. 9463086403

7916 – Suitable match for Sood (Dadan) boy. DOB: 25/10/1995 (09:26pm). Post Graduate in Project Management and Human Resource. PR in Canada. Working in RBC (Royal Bank of Canada) as a Fraud Officer. 9646047302

7917 – Suitable match for Sood (Dhoop) boy. DOB: 10/03/1998 (01.15am, Ludhiana). Ht. 5'10". Working in IT Company. 9814912639, 9592099032

7918 – Suitable match for Sood (Banta) boy. DOB: 09/04/1996. Ht. 5'8". Canadian Citizen. Global Cybersecurity Manager in MNC at Toronto. Handsome package. Preference for equivalent match. 9814503366

7919 – Suitable match for Sood (Phakke) boy. DOB: 05/10/1995. Ht. 5'10". MBA. Technical Support specialist. Monthly income Rs. 2.50lakhs. Canada work permit. 7508169119

7920 – Suitable match for Sood (Dadan) boy. DOB: 25/10/1995 (09:26pm). Post Graduate in Project Management and Human Resource. PR in Canada. Working in RBC (Royal Bank of Canada) as a Fraud Officer. 9646047302

7921 – Suitable match for Sood (Dhoop) boy. DOB: 10/03/1998 (01.15am, Ludhiana). Ht. 5'10". Working in IT Company. 9814912639, 9592099032

7922 – Suitable match for Sood (Banta) boy. DOB: 09/04/1996. Ht. 5'8". Canadian Citizen. Global Cybersecurity Manager in MNC at Toronto. Handsome package. Preference for equivalent match. 9814503366

7923 – Suitable match for Sood (Phakke) boy. DOB: 05/10/1995. Ht. 5'10". MBA. Technical Support specialist. Monthly income Rs. 2.50lakhs. Canada work permit. 7508169119

7924 – Suitable match for Sood (Mohindra) boy. DOB 18/01/1993(4:25pm, Kapurthala, Punjab). Ht. 5'11". MBA (Finance). Assistant Manager in Barclays Bank, Pune. Annual income Rs. 26.5 lakh. 9051425521, 9051468951

7925 – Suitable match for Sood (Langa) boy. DOB: 5/10/1994. Ht. 5'10". B. Tech from NIT, Hamirpur, MBA from I.I.M. Mumbai. Co. Job. Annual income Rs. 20 lakhs. Preference for Himachli girl. 9816112677

7926 – Suitable match for Sood (Bhoiar) boy. DOB: 41 years. Ht. 5'11". B.E, MBA, I.B.S. Fiver Security Consultant, RBI Auditor. 9805869615

7927 – Suitable match for Sood (Duli) boy. DOB: 29/09/1998. Ht. 5'11". B. Com Honors from Delhi University. Director in Pvt. Ltd. Co. Monthly Income Rs. one Lakh. 9816082727, 9816784927

7928 – Suitable match for Sood (Bhakaya) boy. DOB: 36 years. Ht. 5'8". MBA. General Manager. Monthly income Rs. 2 lakhs. Preference for employed girl. 9810276690

7929 – Suitable match for Punjabi (Khatri) Sood boy. DOB: 30 years. Ht. 6'3". B. Tech, brought up in India. Canadian citizen at Toronto. Working in MNC, Annual income above 45 lakh. 9915645191. ajaysood701@gmail.com



7930 – Suitable match for Anshik Manglik Punjabi (Khatri) Sood boy. DOB: 29 years. Ht. 6'1". B. Tech. born and brought up in India. Working in MNC. Annual income above 62 lakh. 9915645191, [ajaysood@gmail.com](mailto:ajaysood@gmail.com)

7931 – Suitable match for Sood (Maudal) boy. DOB: 14/09/1997. Ht. 5'10". B. Com Hons. From Symbiosis, Pune. Working as an Entrepreneur. Monthly Income Rs. in six figures. 9815308207

7932 – Suitable match for Sood (Mahindra) manglik boy. DOB: 01/09/1997 (10:39am, Ludhiana). Ht. 5'8". Masters from Leeds University UK. Presently working in MNC Gurgaon. Annual Income Rs. 24 lakhs. 8141000256

7933 – Suitable match for Sood (Bhagra) boy. DOB: 12/07/1995 (07:41pm, Shimla). Ht. 5'5". MBA in Marketing Management B.Sc. (Hons.) in Agriculture Working as Field Officer with IFFCO, an agri-input cooperative major in Himachal Pradesh. 9418038787, 9805858040

7934 – Suitable match for Sood (Galab) boy. DOB: 07/03/1994. Ht. 5'10". B. Tech (E&C), MS (U.S.A). Software Engineer. Working with F5 Company settled in U.S.A 8360831307, 9877624988

7935 – Suitable match for Sood (Karol) boy. DOB: 23/07/1997. Ht. 5'11". B. Tech. (Marine Engineering). Working as 2nd Engineer in Merchant Navy. 9888340145. [viveksood13967@rediffmail.com](mailto:viveksood13967@rediffmail.com)

7936 – Suitable match Sood widower (Mayer) boy. DOB: 16/12/1978. Ht. 5'11". B. Com., MBA, MCA Own IT company. Worked as IT consultant for British Airways, NAT West Bank U.K. Annual Income 55K GBP. Annual Income 55K GBP. 9953418819, 9876190819, 447404957114. [sud\\_sumit@yahoo.com](mailto:sud_sumit@yahoo.com)

7937 – Suitable match for Sood divorcee (Gol) boy. DOB: 09/12/1991. (8:30pm, Ambala). Ht. 5'11". B. Tech., MBA. Govt. permanent job as an account clerk. Job location Chandigarh. Monthly Income Rs. 70,000/-. 8194980161, 9815063218

7938 – Suitable match for Sood (Bandal) boy. DOB: 23/08/1997 (6:29am, Raipur). Ht. 5'7". LLM from Amity Raipur. Partner at as Engineering Firm Raipur. Practicing as Defence Lawyer at High Court and Distt. Court Raipur (C.G). Monthly Income Rs. 1,50,000/-. 9229222001

7939 – Suitable match for Sood (Chimra) boy. DOB: 15/11/1996. B. Tech in Electronic and instrumentation. Working in M.N.C. Hyderabad. At present living in Delhi. 9464257641

7940 – Suitable match for Sood (Dhoop) boy. DOB: 20/10/2000 (10:30am, Ludhiana). B.A. Ht. 6'. Business (Rice mill, Petrol Pump, fertilizer and pesticides shop, agriculture, Transport company and commission agent (Aadati). 9888751315, 8847643242

7941 – Suitable match for Sood Khatri (Dhanda) boy. DOB: 29/01/1988. Ht. 5'8". MBA. Presently undertaking Executive Level Training for Hotel Management. Preference for Girl of Hotel Management, Chef, MBA Finance or M.Com. 9871145223, 9810915223

7942 – Suitable match for Sood (Teji) boy. DOB: 28/08/1993 (7:40pm, Ludhiana). Ht. 5'10". B. Com (Hons.). Hosiery Work. Annual Income Rs. 12 Lakh. 9877792334, 7015953891

7943 – Suitable match Sood boy. DOB: 21/11/1998 (1:07am, Ambala City, Haryana). Ht. 5'11". Bachelors of commerce. Hosiery Factory. 9896389458

7944 – Suitable match for Sood boy. DOB: 07/01/1994 (8:54pm, Hoshiarpur, Punjab). Ht. 5'6". B. Tech, MBA. Working in MNC in Noida. Annual Income Rs. 23 Lakh. 7018322018, 9816461163

7945 – Suitable match for Sood Khatri boy. DOB : 10/06/1988 (10am, Gwalior). Ht. 5'8". IIT Kharagpur under integrated course selected from JEE IIT in 2006. Post Graduate. Class 1 officer in Central Government (Law Enforcement agency under Finance Ministry) as an assistant director posted at Chennai. He worked in UBS (SWISS BANK) Hyderabad. Thereafter with Ministry of DOPT GOI New Delhi. Salary + perk + other facilities as per Central Government. 9993939857

7946 – Suitable match for Sood (Gagal) boy. DOB: 10/11/1997/ Ht. 5'6". B. Tech. Lead Data Engineer. Monthly income Rs. 2.5 Lakhs. 9418895802, 9418886258

## Grooms Wanted

3468 – Suitable match for Sood girl. DOB: 08/03/97. Ht. 5'5". B. Tech. Working in MNC (IT) Mohali. Preference for a vegetarian, teetotaler, ambitious and ideally working in the same industry. 9877181657. bsoodkamal@gmail.com

3469 – Suitable match for Sood (Ogal) girl. DOB: 01/02/1994. Ht. 5'4". MSc. (Maths). Assistant Professor. Monthly Income Rs. 30,000/-. 9464144380

3470 – Suitable match for Canada PR Sood girl. DOB: 20/01/1995. Ht. 5'7". Post-graduation (Diploma) from Canada. B. Com (India). Preference for Sood boy. 7888936474.

3471 – Suitable match for Sood Saluria (Goel) girl. DOB: 04/10/1997 (2:18pm, Palampur). Ht. 5'1". Graduate in Accessory Design from NIFT Kangra. Currently working at Noida. Annual package of 6 lakhs. 9650204493, 8894014065

3472 – Suitable match for Sood (Mohindra) girl. DOB: 27/10/1998. Ht. 5'5". MBBS. House Surgeon at Civil Hospital. 9041007004

3473 – Suitable match for Sood Punjabi (Mohman) girl. DOB: 27 years. Ht. 5'2". B. Tech. Senior Manager in MNC, Gurugaon. Income Rs. 40 LPA. 9855409614

3474 – Suitable match for Sood girl. DOB: 14/11/1996 (4: 54am, Hoshiarpur.) Ht. 5'4". B. Com (Hons.), M. Com (Hons.) from Panjab University. Associate (Operations). Working in Mohali. Tricity boy preferred. 9888152810

3475 – Suitable match for Sood (Daddan) girl. DOB 30/12/1998 (10:35pm). Ht. 5'3". Masters of Chemistry (India), Masters of Nano Technology (Adelaide, Australia). Health care industry. Currently on work visa subclass 485. 9878198956

3476 – Suitable match for Sood (Chaujjar) manglik girl. DOB: 23/08/1994 (New Delhi). Ht. 5'2". MA Literature. Working with Internet Brands. WebMD, Mumbai (Currently WFH) as content strategist. Annual income Rs. 10 lakhs. 9810192525.

3477 – Suitable match for Sood (Ugal) girl. DOB: 17/06/1999. Ht. 5'6". M.Sc. (Honours) from Panjab University. Lecturer at Akash Institute Gurgaon. Annual income Rs. 9 lakh. 9417143588.

3478 – Suitable match for Sood (Goyal) girl. DOB: 19/11/1992(6:15am, Paprola Bajinath, HP). Ht. 5'8". B.E/B. Tech Computer Science. Currently working as a Project lead in Deloitte. Annual income Rs. 10 to 15 lakh. 9736680620, 8788362395

3479 – Suitable match for Sood (Bhagra) girl. DOB: 10/09/1996. Ht. 5'5". MBBS. Medical officer in the Central Government. 9879104054

3480 – Suitable match for Sood (Mohindra) girl. DOB: 28/09/1996. Ht. 5'1". (8:16am, Panchkula). BA, B.Ed. Educator. Monthly Income Rs. 39000/-. Income from other sources 5,00,000/- PA. 9878472799

3481 – Suitable match for Sood (Kushal) girl. DOB: 15/05/1991. Ht. 5'2". B. Tech in Computer Science. Annual income Rs. 6 lakhs. 9815509152

3482 – Suitable match for Sood (Gagal) girl. DOB: 18/03/1993. Ht. 5'9 1/2". Masters in Business Administration from Chandigarh University and Hotel Management. Annual income Rs. 10.50 lakhs. Cluster Head Accor Group (Front Office). 9418175178, 01772808581

3483 – Suitable match for Sood (Phakke) girl. DOB: 10/06/1999. Ht. 5'7". B. Com., M.B.A. Working with Taxation Advocate. 9876255303, 9653041413

3484 – Suitable match for Sood (Gagal) girl. DOB: 18/02/1990. Ht. 5'1". MBBS. Pursuing M.D. Pathology GMC Gowhati (Final Year). Pathologist Govt. Medical College Gowhati. 9418463966, 7018363026

3485 – Suitable match for Sood (Govil) girl. DOB: 30/05/1995. Ht. 5'3". B. Tech (CS). Software Professional. Annual Income Rs. 14 lakhs. 9891195910, 9711459989

3486 – Suitable match for Sood (Dadan) girl. DOB: 30/12/1998. Ht. 5'3". Masters. Diploma in Nanotechnology. Currently on work visa in Australia. 9888856477



3487 – Suitable match for Sood (Gopal) girl. DOB: 03/07/1998. Ht. 5'3". C.A. Working as civil servant last 8 years in U.K. Annual income GBP 50k. 00447901621632, 9915555670

3488 – Suitable match for Sood (Dhoop) girl. DOB: 16/09/1996. Ht. 5'8". MSC (Human Genatics Punjabi University Patiala. Working in MNC. Annual income Rs. 8 lakhs. 9465790407

3489 – Suitable match for Sood (Mehdudia) girl. DOB: 06/02/1994. Ht. 5'1". BCA, MAC Course. Working in Navigator's 35c Chandigarh. Monthly Income Rs. 30,000/-. 9816029285

3490 – Suitable match for Sood (Rakshan) girl. DOB:16/05/1994. Ht. 5'8". M.B.B.S. Doctor 3rd DNB Pathology. Monthly income Rs. 1 lakh. 8968066487

3491 – Suitable match for Sood girl. DOB: 15/08/1996. Ht. 5'2". M.B.B.S from H.P. Pursuing M.D. Anesthesia in G.M.C.H. (Final year) from Sector-32, Chandigarh. Junior Resident. Monthly income Rs. 1 lakh. 8837806556, 09418450568

3492 – Suitable match for Sood (Dosaj) girl. DOB: 27/11/1999. Ht. 5'4". Pursuing Degree Alberta NAIT (Canada) 2024. Work at Royal Bank of Canada last two years. Finance Advisor. Monthly income Rs. 2.7 lakhs. She is P.R. holder of Canada. 9872772251, 9988993477

3493 – Suitable match for Sood (Goel) girl. DOB: 09/01/1995. Ht. 5'2". Be. (I.T.). Software Engineer. Working in MNC at Noida. 9418086879, 7018935365

3494 – Suitable match for Sood Dogar (Bandal) girl. DOB: 15/07/1994. Ht. 5'4". B.A., Post Graduation Diploma in HR. Post Graduation in English and Literature. HR (current not working). 8146073161, 9779288809.

3495 – Suitable match for Sood (Gaggal) girl. DOB: 08/07/1997. Ht. 5'7". Masters (United Kingdom). Superdry in U.K. Monthly in Rs. 2.25 lakhs. 9459755555

3496 – Suitable match for Sood (Dosaj) girl. DOB: 03/03/1988. Ht. 5'2". B. Tech, M. Tech. Project Manager. Currently doing work from home. 7508064233

3497 – Suitable match for Sood (Gondal) girl. DOB: 24/02/1997 (3:20am, Amritsar).Ht. 5'. B. Arch (Architect). Working as an architect in a firm based in Chandigarh. 9147201801, 9876807079

3498 – Suitable match for Sood (Phakke) girl. DOB: 04/02/1996 (08:09am, Patiala, Punjab). Ht. 5'. B. Tech. (C.S.E.). Lead Software Developer in ITC Infotech Company. Annual Income Rs. 16 lakhs. 9592035564

3499 – Suitable match for Sood (Mehdudia) girl. DOB: 29/12/1995 (Chandigarh). Ht. 5'5". C.A. Working as Senior Consultant in E.Y (Big Four) Mumbai. Annual Income Rs. 14 Lakhs. 9418022971, 9876164556

3500 – Suitable match for Sood (Fakke) girl. DOB: 08/08/1997. Ht. 5'4". B. Sc. Medical, M.Sc. Chemistry, Doing P. Hd. Medical Chemistry. 9417095630, 62807925286

3501 – Suitable match for Sood (Bashal) girl. DOB: 22/07/1993. Ht. 5'1". M.Sc. Math from P.U. Chandigarh. Teacher in Army Public Scholl Dagshai. Monthly Income Rs. 45000/- . 9816801365, 9418135651

3502 – Suitable match for Sood (Ogal) girl. DOB: 17/06/1999. Ht. 5'6". B. Sc. Honors, M.Sc. Honours. Working in Tech. Akash Institute Gurgaon, HR. Monthly Income Rs. 75000/- 9417143588.

3503 – Suitable match for Sood (Bhagra) Garg girl. DOB: 10/09/1996 (19.28 hours, Kota). Ht. 5'5". MBBS. UPSC in 2023. Central Govt. Service (CGHS). 9879104054

3504 – Suitable match for Sood (Banta) girl. DOB: 28/08/1994. Ht. 157cm. B. Tech in CSE. Working in MNC as technical lead. drawing a handsome salary. Born and brought up in Chandigarh. Residence Zirakpur - Chandigarh. 9417552855. kusumbanta@yahoo.com

3505 – Suitable match for Sood (Mithoo) girl. DOB: 12/ 03/1997 (2:20pm, Palampur). Ht. 5'3". Master's in Fashion Management from NIFT. Currently employed with MNC Lifestyle. Preference for a defence personnel. 9418133549, 9418291456

3506 – Suitable Teetotaler match for Sood Khatri (Dhiri) girl. DOB: 27/11/1994. Ht. 5'7". Convent Educated Post Graduate Banker. 9216033340

3507 – Suitable match for Sood (ogal) girl. DOB: 01/02/1994. Ht. 5'4". MSc. Math. Asst. Professor. Monthly income Rs. 50,000/-. 9464144380

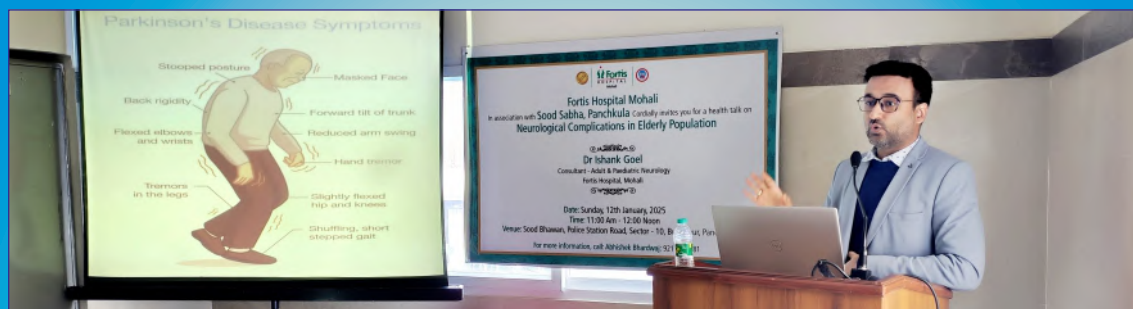


## Sarvadeshik Sood Sabha Conference held on Sunday, the 23<sup>rd</sup> Feb., 2025 at Sood Bhawan, Chandigarh





Health talk organised by Sood Sabha, Chandigarh in association with Fortis Hospital, Mohali at Sood Bhawan Panchkula on 12<sup>th</sup> Jan, 2025



**Dr. Ishank Goel, Consultant – Adult & Paediatric Neurology**



**Sood Sabha presenting a bicycle to financially challenged girl at Government School, Sector 7, Panchkula on 28<sup>th</sup> March, 2025.**